SCRUB HAT*
{for use by healthcare workers as a washable head cover when disposable supplies are limited or unavailable}

- ADJUSTABLE WHEN WORN / ONE SIZE FITS MOST -

**Supplies Needed:**
FABRIC: (cut 1 each) 9”x12” (for SCRUB HAT TOP) and 8”x26” (for SCRUB HAT SIDE BRIM)
TIES: (cut 2) 1 1/2”x10” fabric -OR- (2 ties) 10” long each {can use new shoelaces, twill tape, or top stitched double-fold bias tape}

**Preparation:**
1. Read through instructions before beginning.
2. Print pattern pages and tape papers end-to-end, matching up corners - do not overlap paper. Place tape between pattern lines. (Print pages at actual size - do not print using ‘fit to page’).
3. Cut pattern pieces from paper (2 pieces total if taped together correctly - one “SCRUB HAT TOP” pattern piece and one “SCRUB HAT SIDE BRIM” pattern piece).
4. Fabric Cutting: Fold both fabrics in half, place fold edge marked on pattern piece on folded edge of fabric, cut fabric along cutting line (NOTE direction of FABRIC STRETCH on both pattern pieces). (Fabric for SCRUB HAT TOP pattern piece should measure 9”x6” when folded in half - mark front and back center lines on fabric, plus pleat lines, with pencil. Fabric for SCRUB HAT SIDE BRIM pattern piece should measure 8”x13” when folded in half - mark front center line on fabric with pencil. Use marks on pattern piece as guide for all markings.)

**Instructions:**

1. Fold each 1 1/2”x10” fabric in half along the length. Press. *(fig. 1a)*
2. Open and fold one end of each tie 1/4” twice. Press. *(fig. 1b)*
3. Fold each side to the center line. Press folded edges. *(fig. 1c)*
4. Fold in half again as in step 1 and top stitch along entire length to close. *(not shown)*

**SCRUB HAT TIES**

*Disclaimer:
The efficacy of this cap has not been tested and/or approved as Personal Protective Equipment. There is no guarantee that using this surgical cap will protect against the transmission of viruses especially when fabrics used will vary. This pattern is intended to be worn on the head as a head cover when disposables are unavailable and/or healthcare workers are asked to conserve supplies during a crisis. When made with 100% cotton (pillowcase or quilting cotton) this head cover may be washed multiple times and should be after each use. Please see Legal Notice for Copyright.
JOIN SCRUB HAT TOP & SIDE BRIM - French Seam

1. Place SCRUB HAT TOP inside SCRUB HAT BRIM, Wrong Sides Together, match and pin front center points on both fabrics (red pin) (fig. 3a). Repeat with back center point on Hat Top and top of Back Flap seam (red pin) (fig. 3b). (Note: Front of Scrub Hat Top is wider than the back, be sure to place and pin accordingly.)

2. Pin together remaining edges of Hat Top and Side Brim, starting from the front and back, working your way to each of the sides where pleat lines are marked. (for partial reference see fig. 3g below).

3. To position pleats so that the top of scrub hat has room for hair buns, thick hair and/or a larger head - Pin pleat line marks (blue pins) together (fig. 3c and 3d) while pulling center of pleat (green pin) out and laying flat towards the back of hat (fig. 3e). (For full view of how pleat should lay - see fig. 3g below).

4. Sew a SCANT 1/4” along raw edge of fabric around entire Top Brim, removing pins before they reach needle (not shown). Turn inside out and repeat with a FULL 1/4” seam (fig. 3f). Turn right side out to finish!
Scrub Hat Pattern
(can be used by healthcare workers as washable head cover)

- SCRUB HAT TOP -

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(Do not cut)

(Do not sell this pattern or item made with this pattern - this pattern is to assist with medical supply shortages in times of crisis only)

Thank you to all healthcare workers battling COVID-19 and essential workers for keeping vital supply chains open. We Love & Appreciate You!

Pattern for “Scrub Hat” | © 2020 Sue of Moss & Lotus
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* Tape pages end-to-end before cutting pattern pieces out. Be sure to tape within the pattern piece lines.*

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* Copyright Notice: Do not sell this pattern or items made with this pattern as doing so is copyright infringement and unlawful. This pattern is intended to be made out of 100% cotton and worn in emergency crisis situations when medical supplies are being rationed and/or are limited. Please see my blog (mossandlotus.wordpress.com) for updated versions/corrections for this pattern. Pattern by Sue of @MossandLotus © 2020 ALL RIGHTS RESERVED. Please contact me on Instagram (MossandLotus) if you have any questions.*